

1. Introduction

Learning objectives

Based on this chapter, **the students are able to:**

- understand the relevance of **deepening their knowledge** of the load-bearing behaviour of concrete structures to
 - conceive and **design efficient new structures** hence reduce greenhouse gas emissions
 - pertinently **assess existing structures** hence extend their lifespan with minimum intervention
- identify and distinguish different methods to *analyse and design* concrete structures:
 - describe the differences between **elastic solutions and plastic solutions** (limit analysis methods).
 - differentiate between approaches to design a **new structure** and to **assess an existing one**.
 - explain the **theorems of limit analysis**, the **underlying assumptions** and their consequences on structural design practice.

Why Advanced Structural Concrete?

Impact of structural engineer in a design office



Source: The Institution of Structural Engineers – How to calculate embodied carbon

Holistic environmental sustainability

$$\text{annual emissions per use} = \frac{\text{emissions} \cdot \text{mass} \cdot \text{floor area}}{\text{mass} \cdot \text{floor area} \cdot \text{service life} \cdot \text{use}}$$

reduce emissions of materials

design efficient structures

reduce comfort level

drastic reduction required

societal needs / demands

ensure durability / extend lifespan

[Gebhard 2023, based on Flatt and Wangler 2022]

Holistic environmental sustainability

requires profound knowledge beyond the fundamentals taught in BSc courses

design
efficient
structures

$$\text{annual emissions per use} = \frac{\text{emissions}}{\text{mass}} \cdot \frac{\text{mass}}{\text{floor area}} \cdot \frac{\text{floor area}}{\text{use}}$$

The equation is annotated with green dashed boxes around the terms $\frac{\text{mass}}{\text{floor area}}$ and service life .

ensure durability /
extend lifespan
without interventions

[Gebhard 2023, based on Flatt and Wangler 2022]

Environmental sustainability by structural efficiency

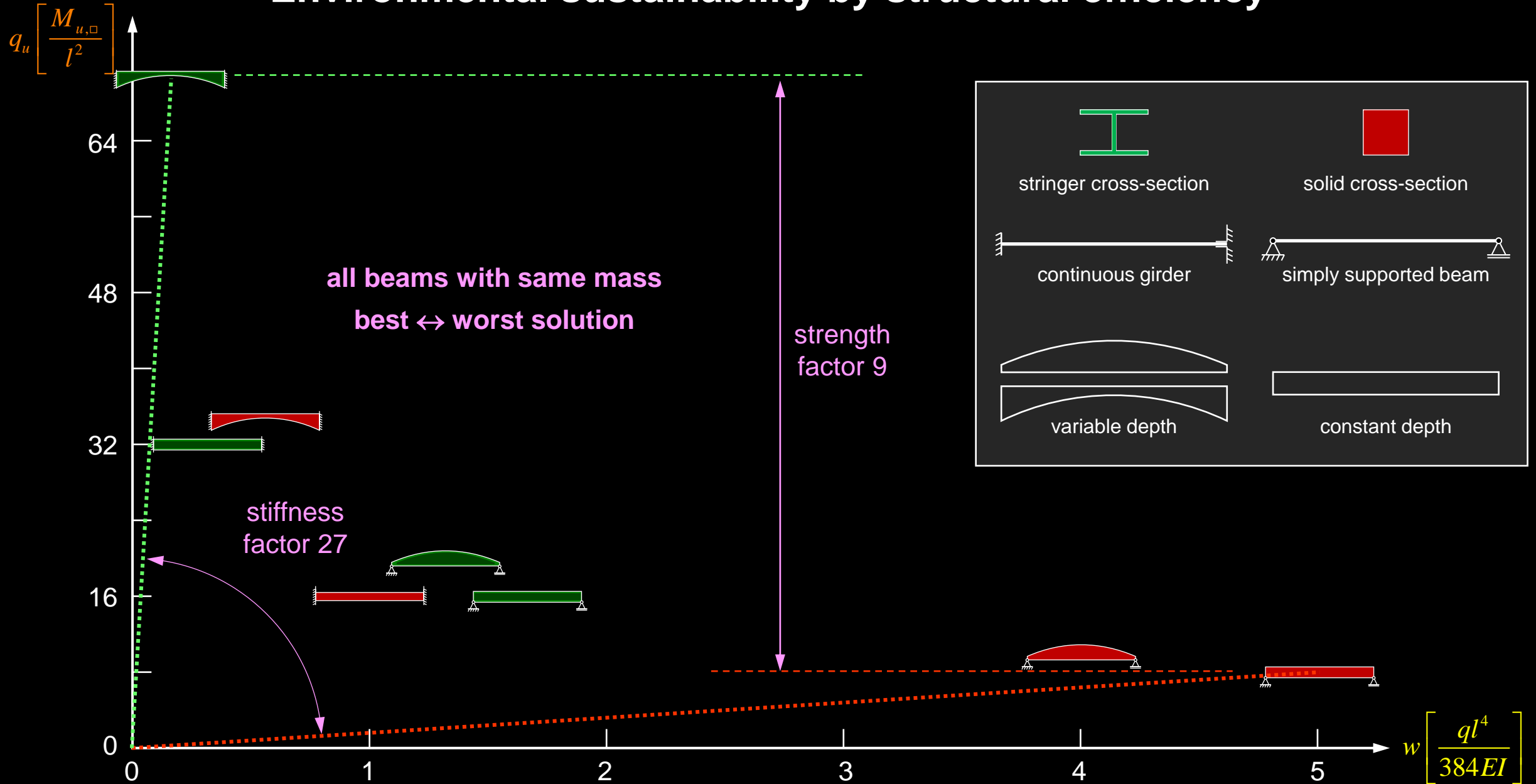


Gatti Wool Factory – Pier Luigi Nervi, 1951



Ausgleichsbecken Les Marécottes - A. Sarrasin - 1926

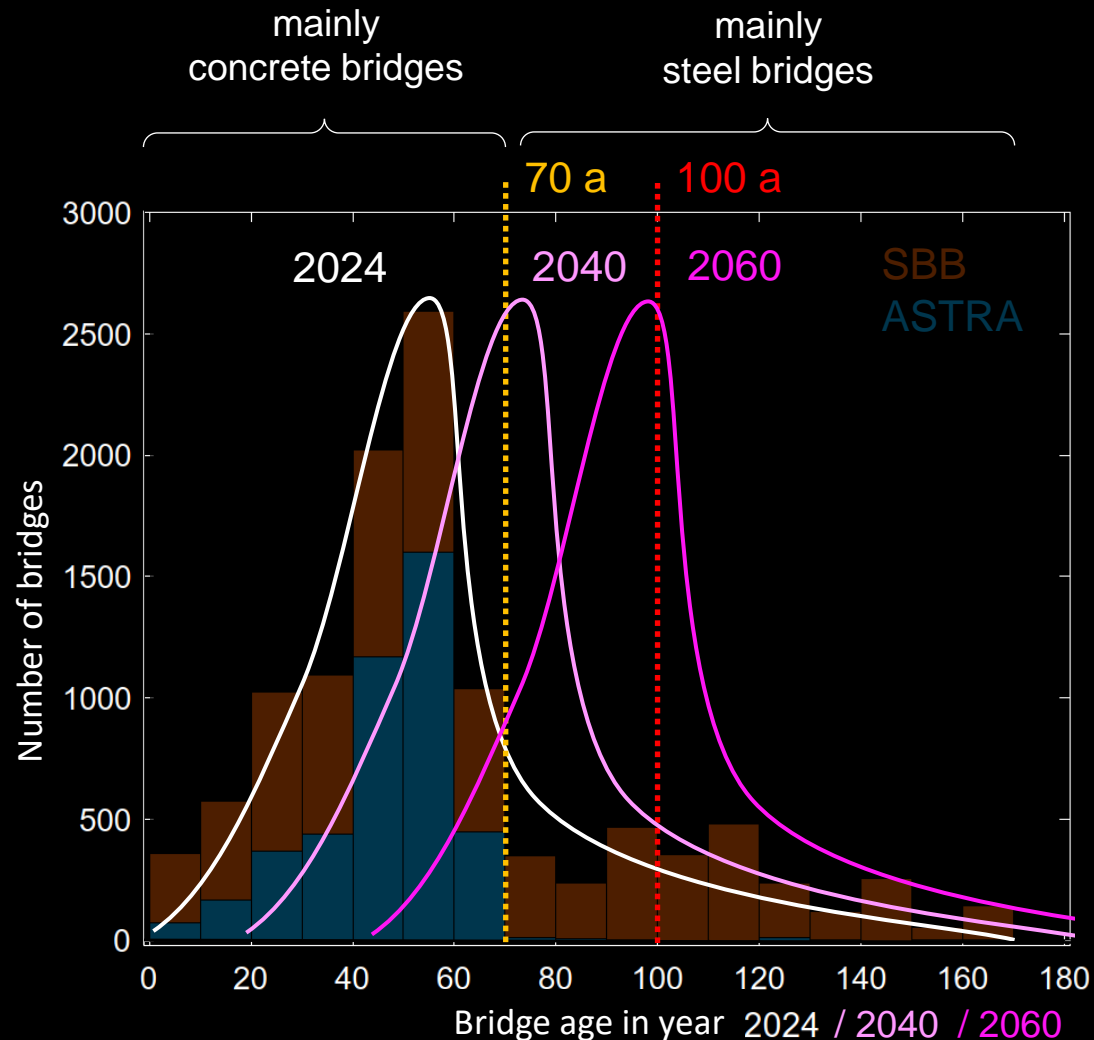
Environmental sustainability by structural efficiency



Environmental sustainability by structural efficiency



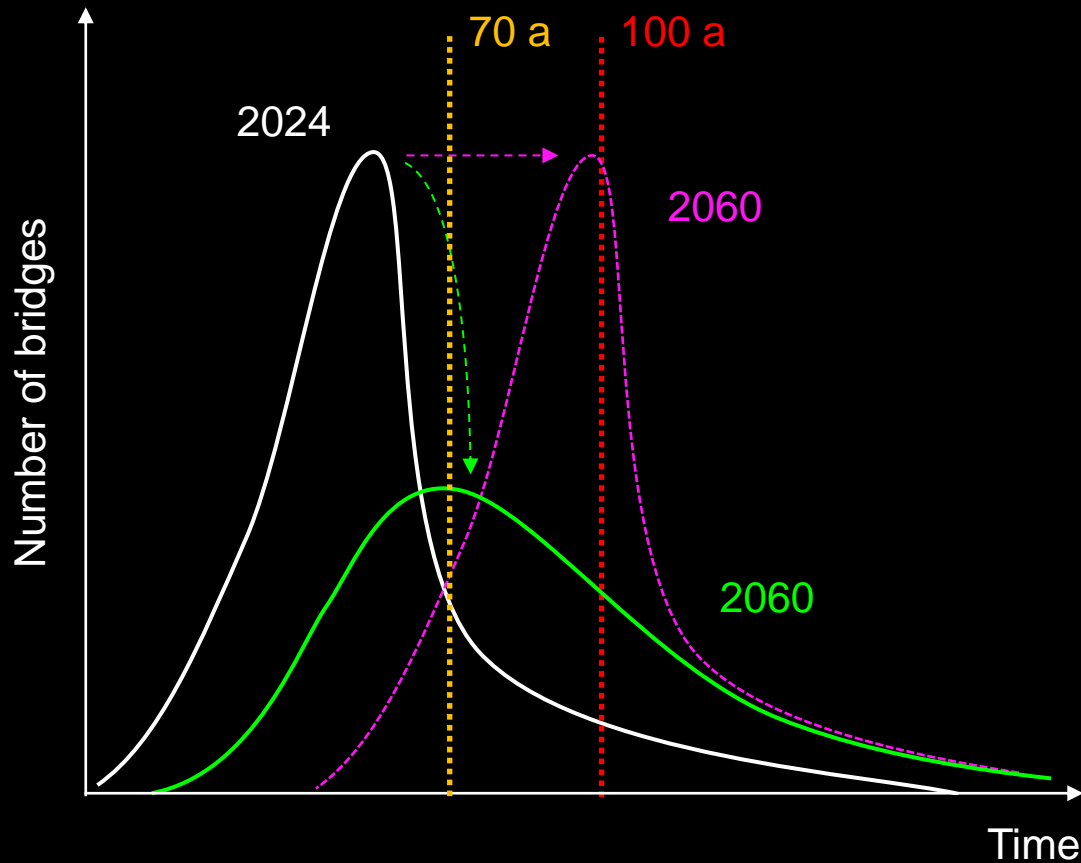
Stretching the lifespan of existing (concrete) structures



Many bridges are reaching their planned service life
Massive number of existing structures
(CH: 40'000, Europe 1 Mio, USA 650'000, ...)



Stretching the lifespan of existing (concrete) structures



Solution:

maximise service life with
minimum interventions

- without excessive / unacceptable risk
- with limited resources

→ pertinent assessment of structural safety is key

Structural safety		Reality	
		not ok	ok
Analysis	not ok	ok	resources
	ok	risk of collapse reputation	ok

Dimensioning of new structures

Ensure ductility by conceptual measures

- neglect concrete tensile strength and provide minimum reinforcement to avoid brittle failure at crack formation
- ensure failure by yielding of reinforcement
 - ... limit reinforcement ratio (e.g. $x/d < 0.35$ in bending)
 - ... use conservative value of concrete compressive strength
- verify deformation capacity (rarely in new design)

Design based on lower-bound theorem of plasticity theory

- define and consistently follow design load path
- structural elements have clearly defined functions (e.g. web with pure in-plane loading)
- conservative design

Simple models sufficient

Restraint stresses can be neglected

Redundancy and robustness

Solving problems conceptually

Designing instead of calculating

Structural Concrete I/II

BSc degree

"The engineer tells the structure how to carry the loads"
"The structure tells the engineer what to calculate"

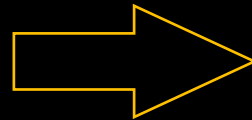
Structural assessment of existing structures

Maximise service life with minimum interventions

- avoid strengthening and retrofiting
- without excessive / unacceptable risk

Challenges

- dimensions and reinforcement are given, cannot be designed for a chosen load path
- effect of deterioration (corrosion, ASR, ...)?
- ductility often not given a priori (lacking minimum reinforcement, heavy prestressing with $x/d > 0.35$, ...)
- structural elements with several functions (e.g. web with combined in-plane and out-of-plane loading)
- Evaluate the deformation capacity, load-deformation behaviour is relevant



Simple models often insufficient
(not applicable or overly conservative)

Use of updated material properties

Verification of deformation capacity required

Numerical approaches required to exploit
load-bearing capacity

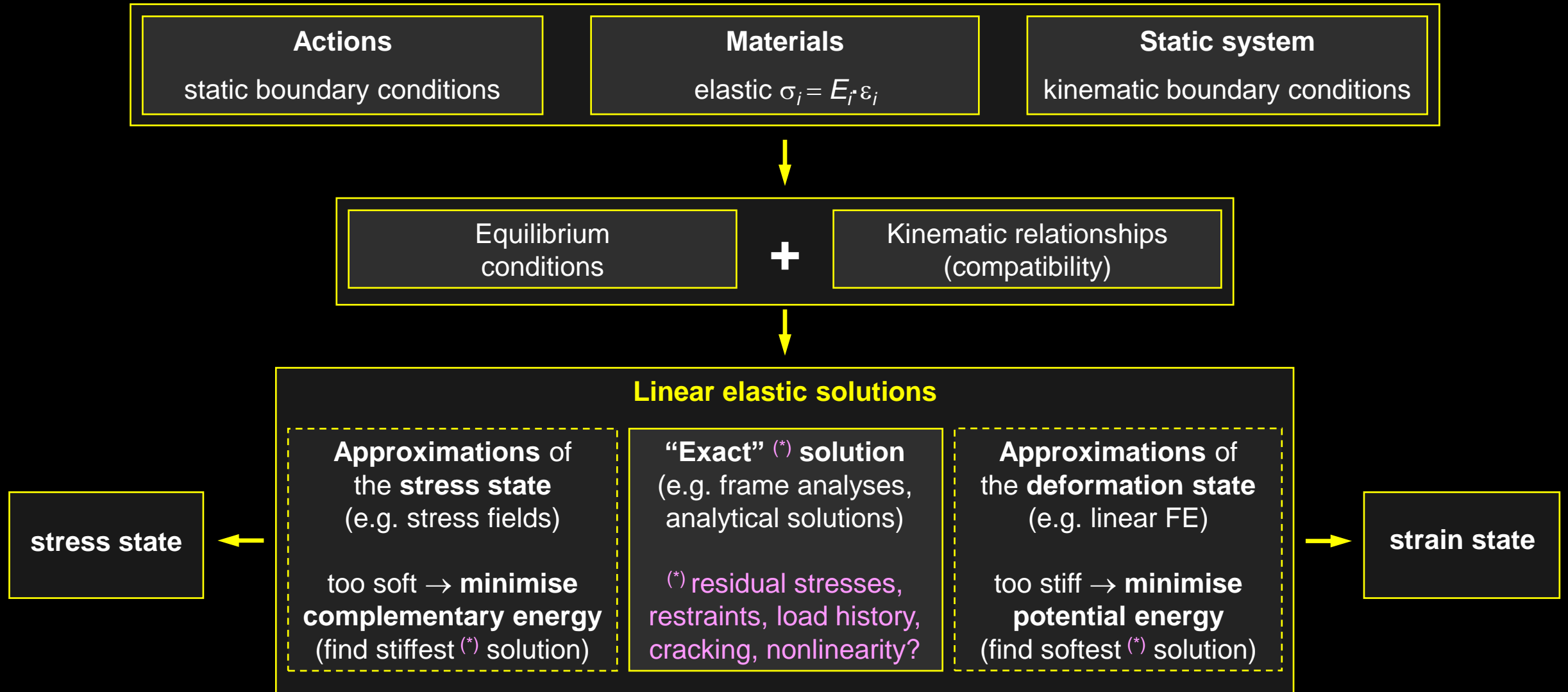
**More demanding than design
of new structures!**

Advanced Structural Concrete

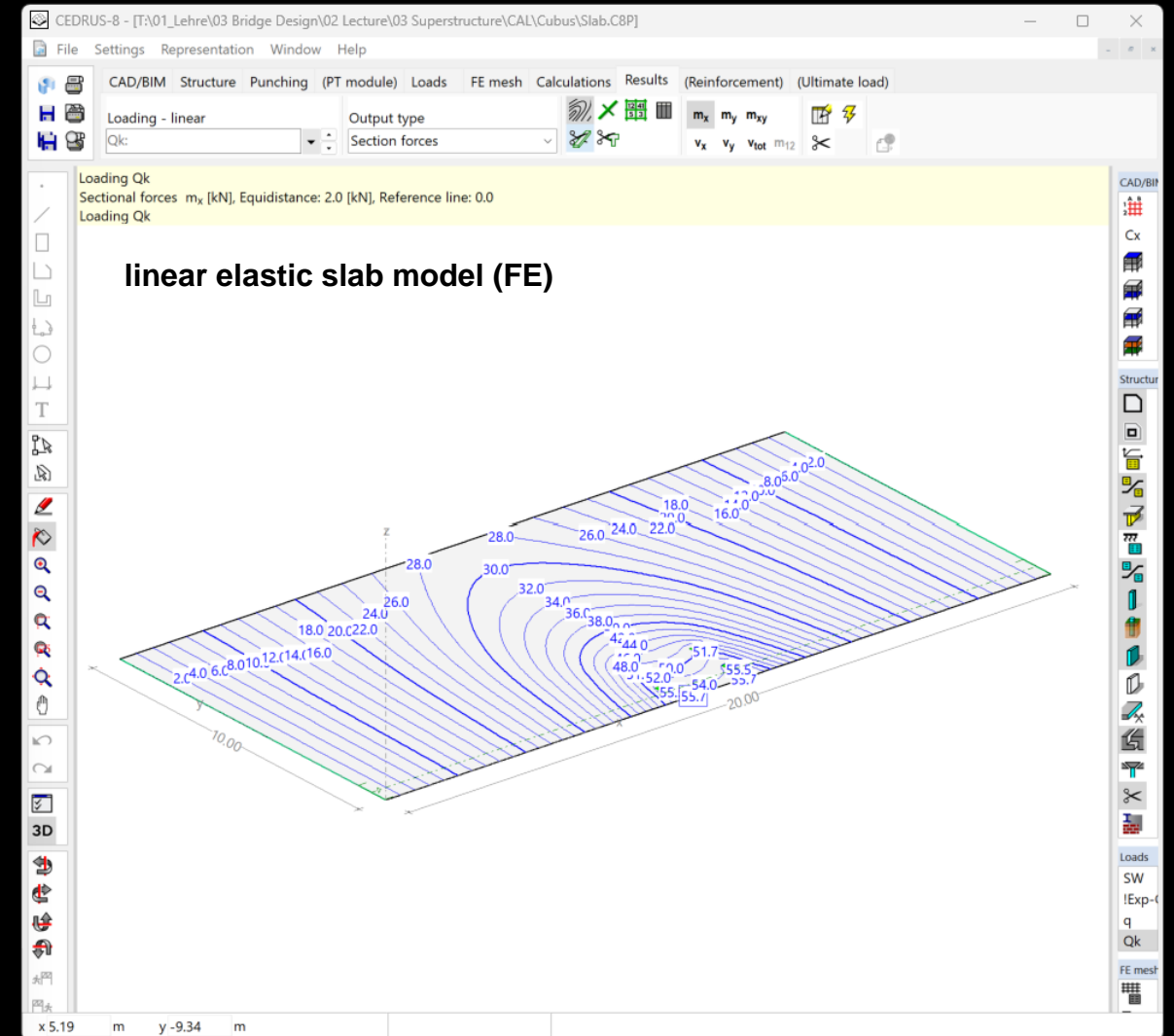
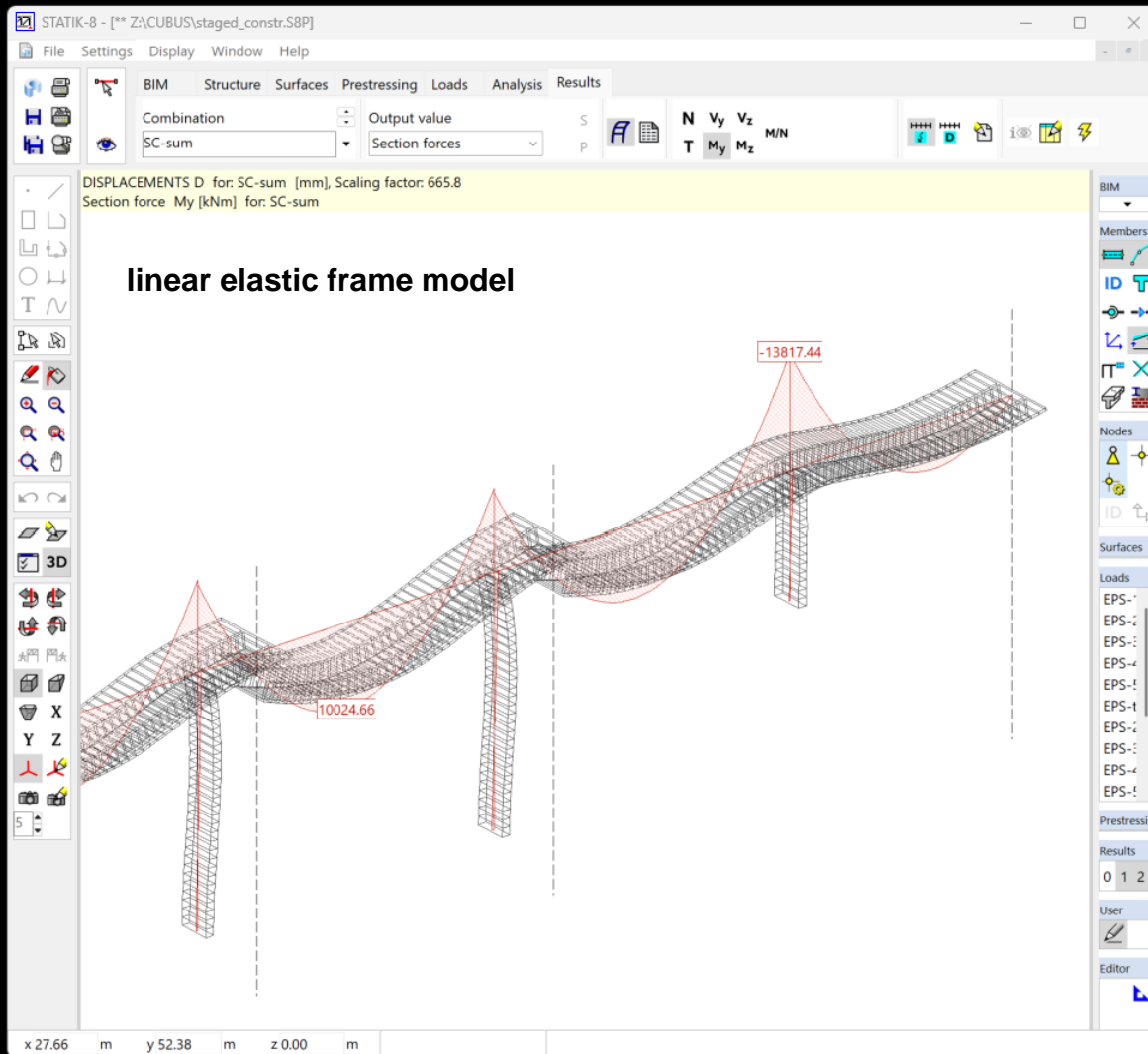
MSc, Major in Structural Engineering

Methods of analysis and design

Structural analysis and design – Linear elastic (FE) analyses

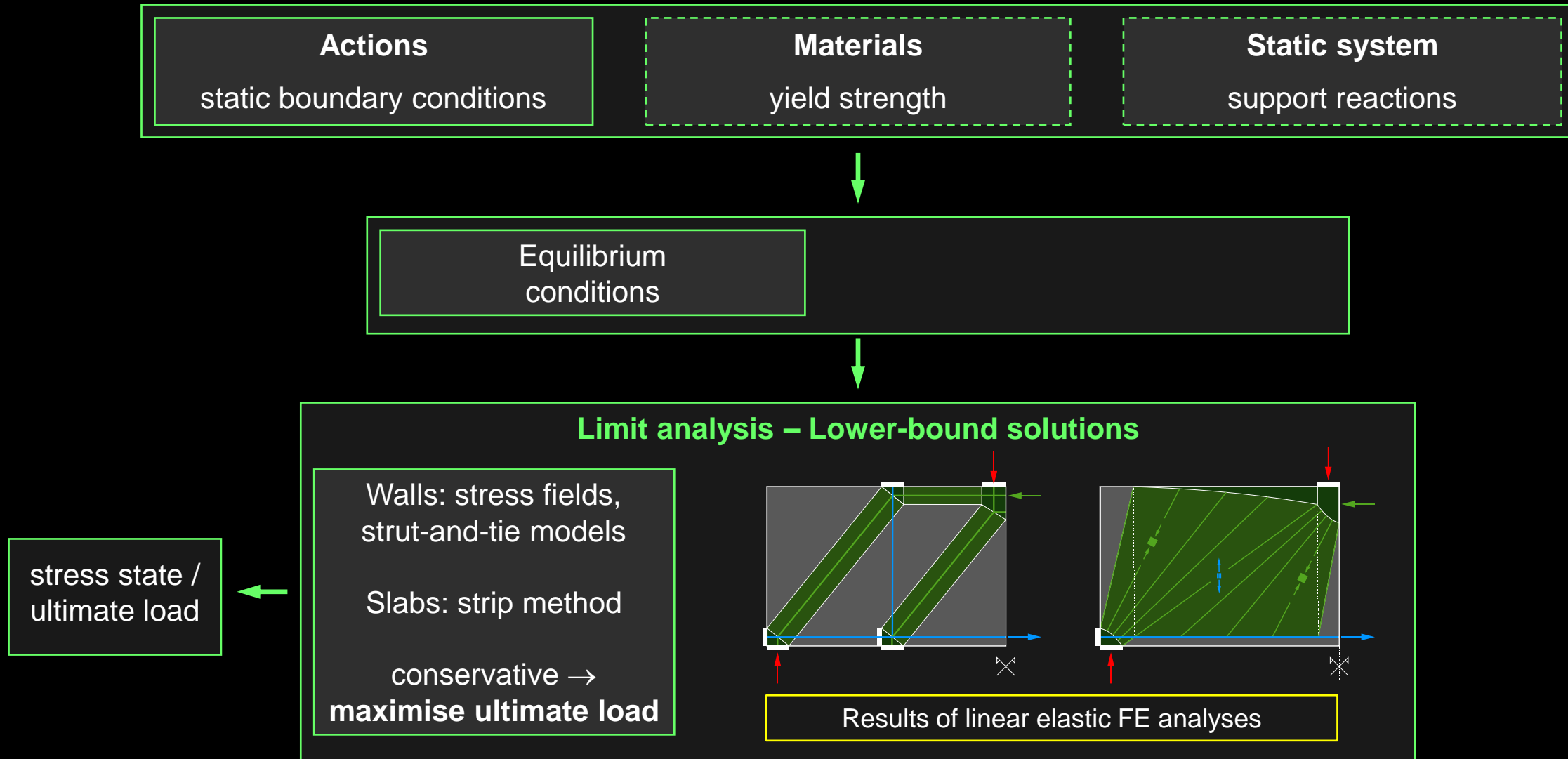


Structural analysis and design – Linear elastic (FE) analyses

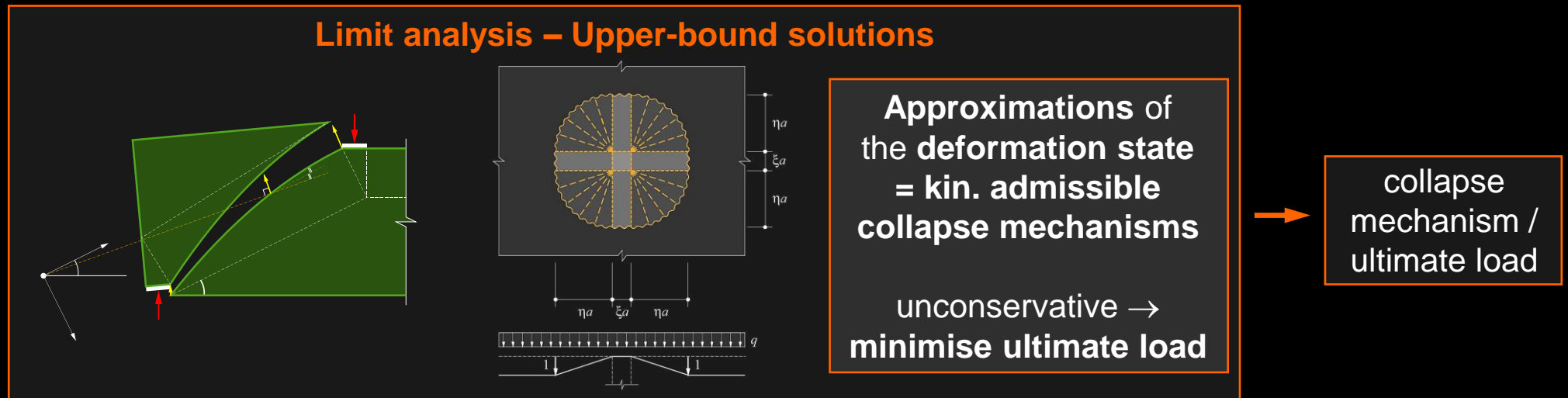
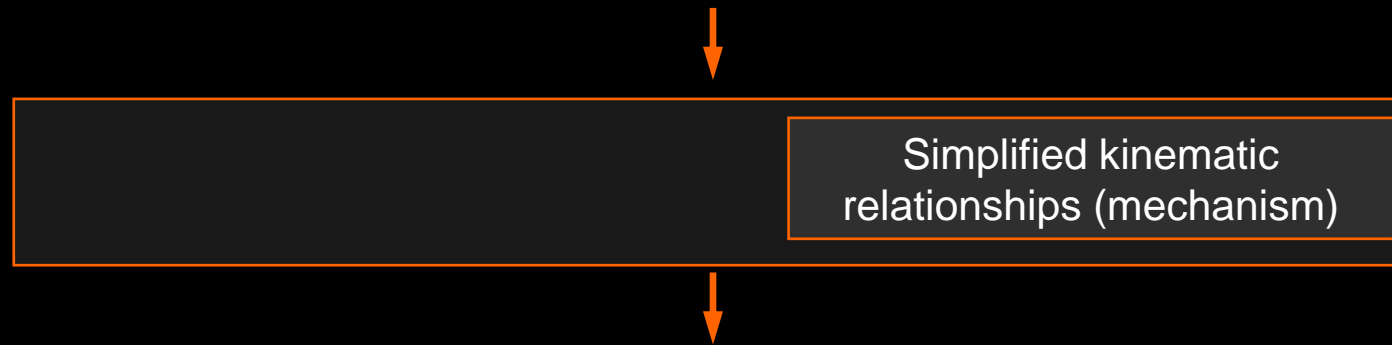
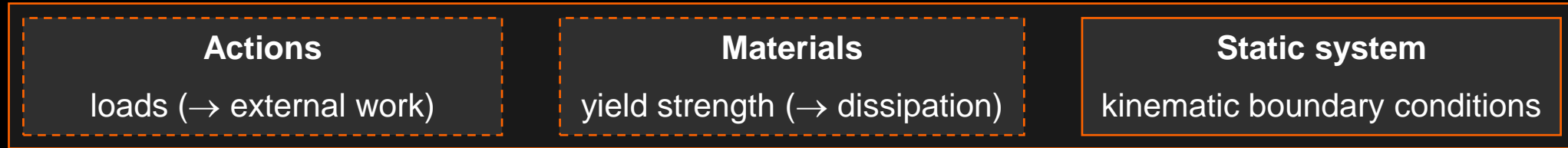


[STATIK / CEDRUS software (CUBUS AG, Zürich)]

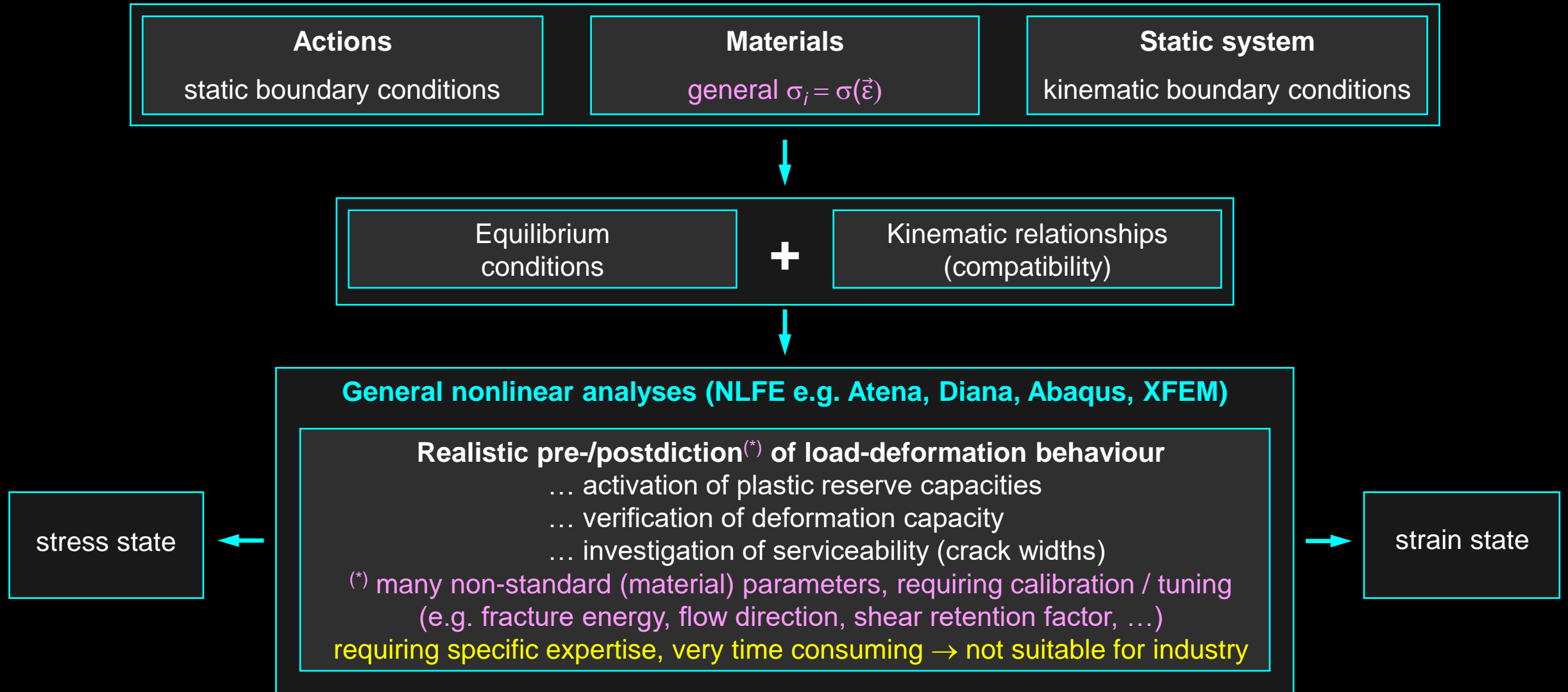
Structural analysis and design – Limit analysis methods (i)



Structural analysis and design – Limit analysis methods (ii)



Structural analysis and design – General NLFE analyses



Structural analysis and design – General NLFE analyses

SOLID Concrete
Reinforced Concrete

Basic Concrete Comp 0 CC3DNonLinCementitious2 Miscellaneous CCSmearedReinf 01 Element Geometry

Base Material Prototype: CC3DNonLinCementitious2

Young's Modulus-E: 34000 MPa
 Poisson's Ratio-MU: 0.2
 Tension Strength-FT: 2.18 MPa
 Compression Strength-FC: -34.0 MPa
 Fracture Energy-GF: 7.018e-5 MN/m
 Critical Comp Disp-WD: -0.0005 m

Crack opening law
 $w_c = 5.14 \frac{G_f}{f_t}$

Peak compressive strain
 ϵ_{cp}

Compressive ductility
 w_d

SOLID Concrete
Reinforced Concrete

Fixed Crack: 1.0

Activate Crack Spacing
 Activate Tension Stiffening

Plastic Strain-EPS-CP: -0.0009968 MPa
 Onset of Crushing-FCO: -7.0
 Excentricity-EXC: 0.52
 Dir of pl flow-BETA: 0.0

Crack opening law
 rotated fixed model starts when
 $\frac{\sigma(w)}{f_t} \leq \frac{f_{t,c}}{f_t} = \text{fixed}$

Surface shape
 ① $e = 0.5$
 ② $e = 1.0$

Return (plastic flow) direction
 expanding volume $\beta > 0$
 volume preserved $\beta = 0$
 compaction $\beta < 0$
 $\beta = \sqrt{2} J_2$
 $\xi = (\sigma_1 + \sigma_2 + \sigma_3)/3$

Problem Data

Global Settings | Global Options | Time and Transport

Type Analysis: STATIC
 TaskName: MyTask
 Title: Short descr
 Method: Newton-Raphson

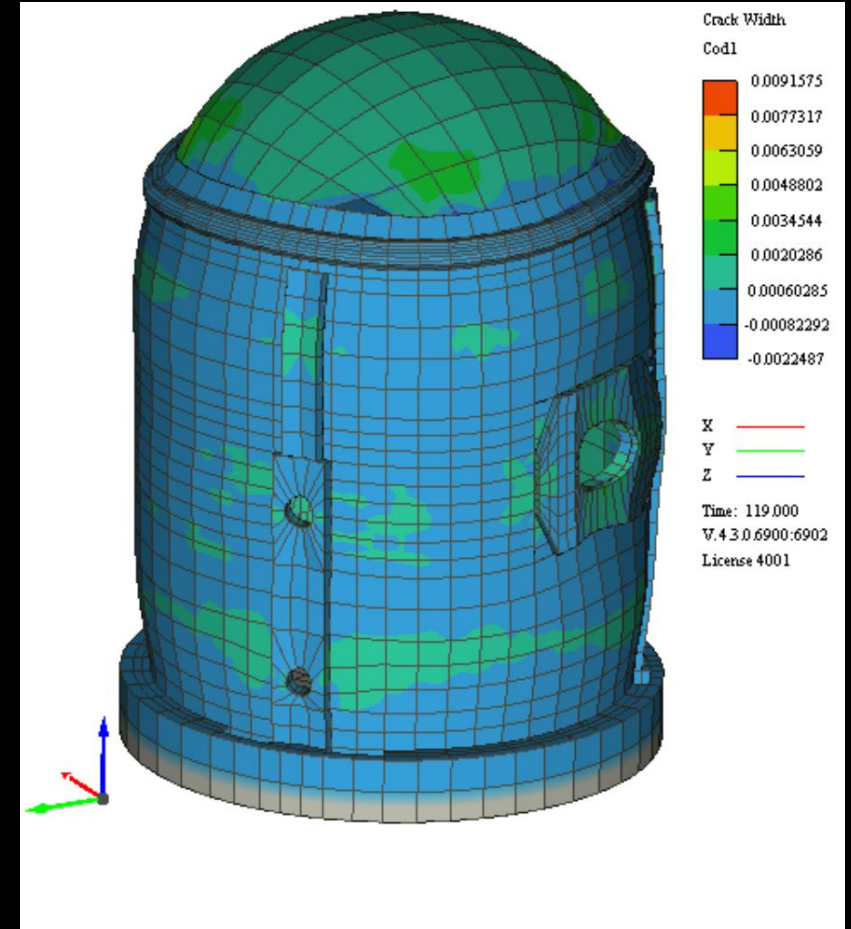
Displacement Error: 0.01
 Residual Error: 0.01
 Absolute Residual Error: 0.01
 Energy Error: 0.001
 Iteration limit: 30

Optimize width: Sloan
 Stiffness type: Tangent Predictor
 Assemble Stiffness Matrix: Each Iteration
 Solver: LU

Line-Search Method
 Line Search With Iterations: Line Search With Iterations
 Unbalanced Energy Limit: 0.8
 Line Search Iteration Limit: 3
 Minimum Eta: 0.1
 Maximum Eta: 1

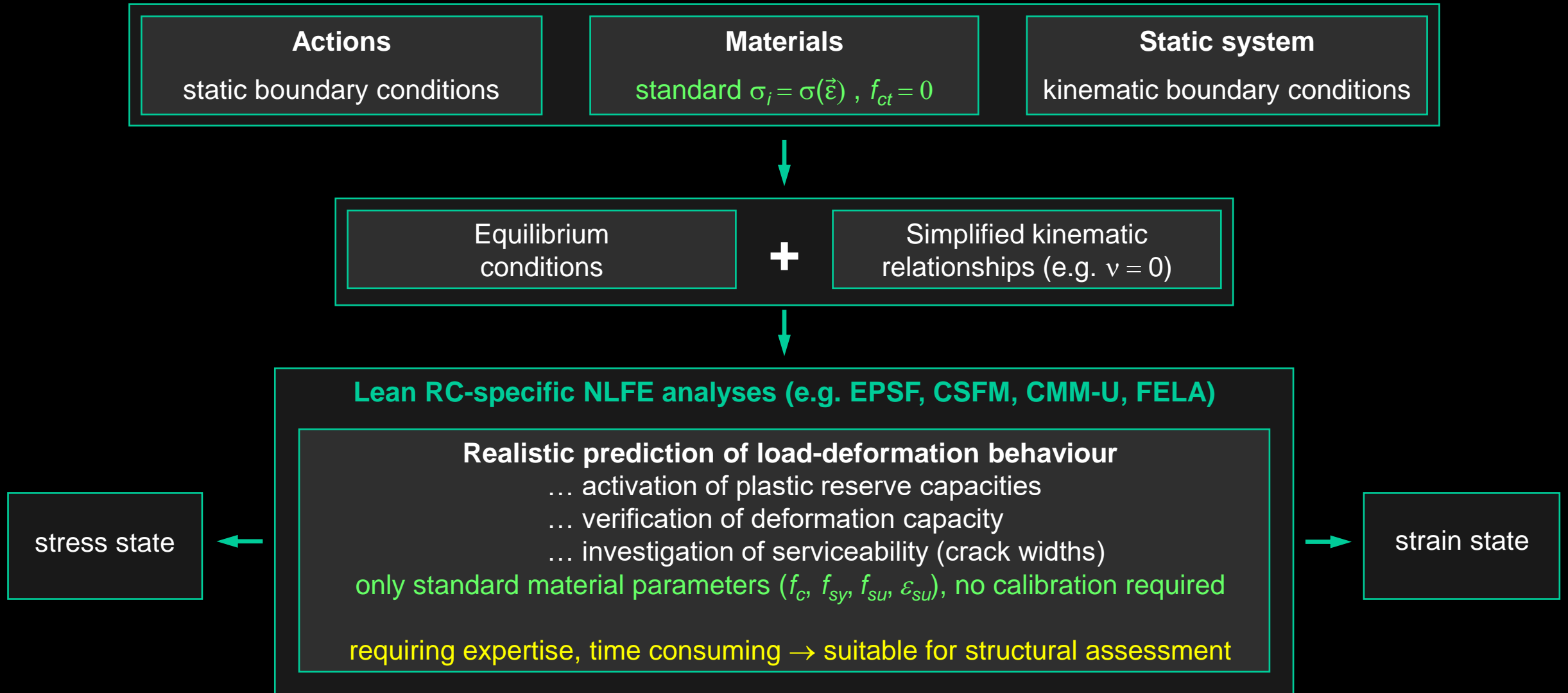
Advanced Setting Method

Accept Close



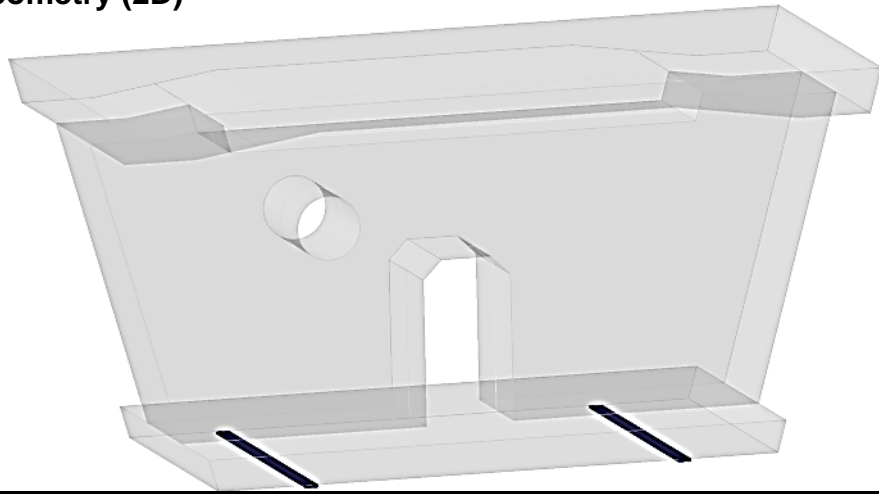
[ATENA NLFE software (Cervenka Consulting)]

Structural analysis and design – Lean RC-specific NLFE analyses

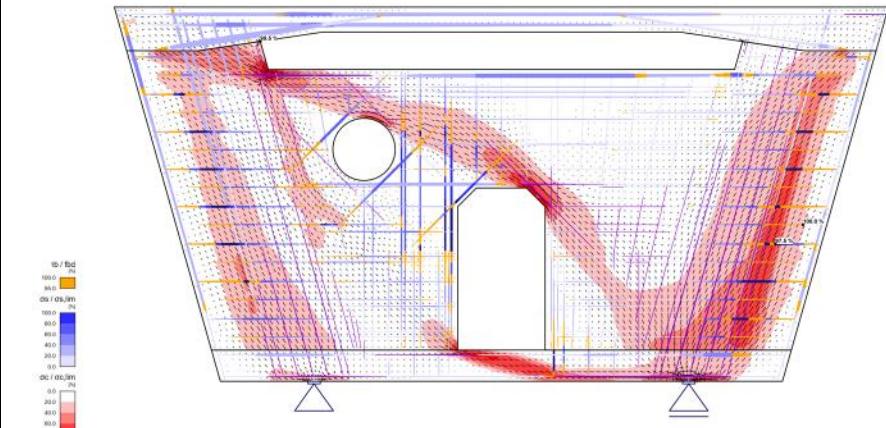


Structural analysis and design – Lean RC-specific NLFE analyses

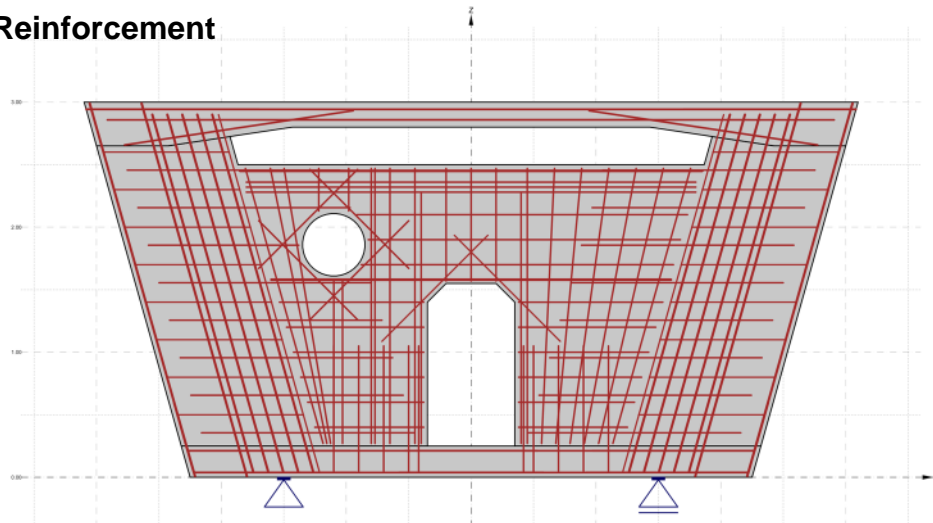
Geometry (2D)



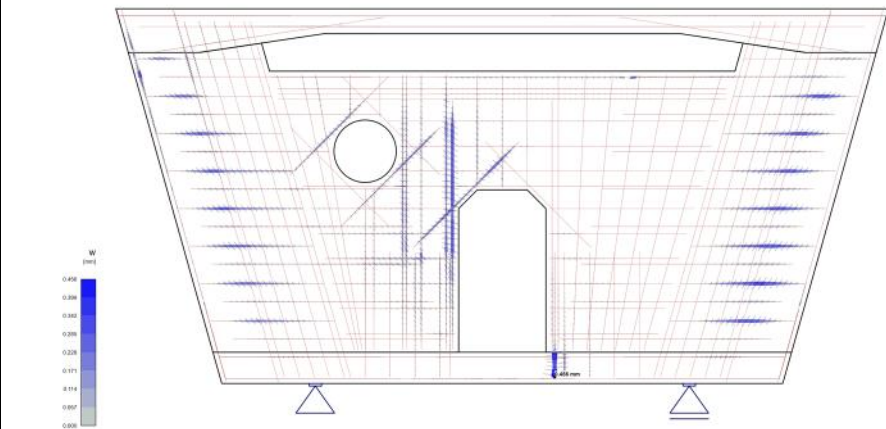
Utilisation (concrete, reinforcement, anchorage)



Reinforcement



Crack widths

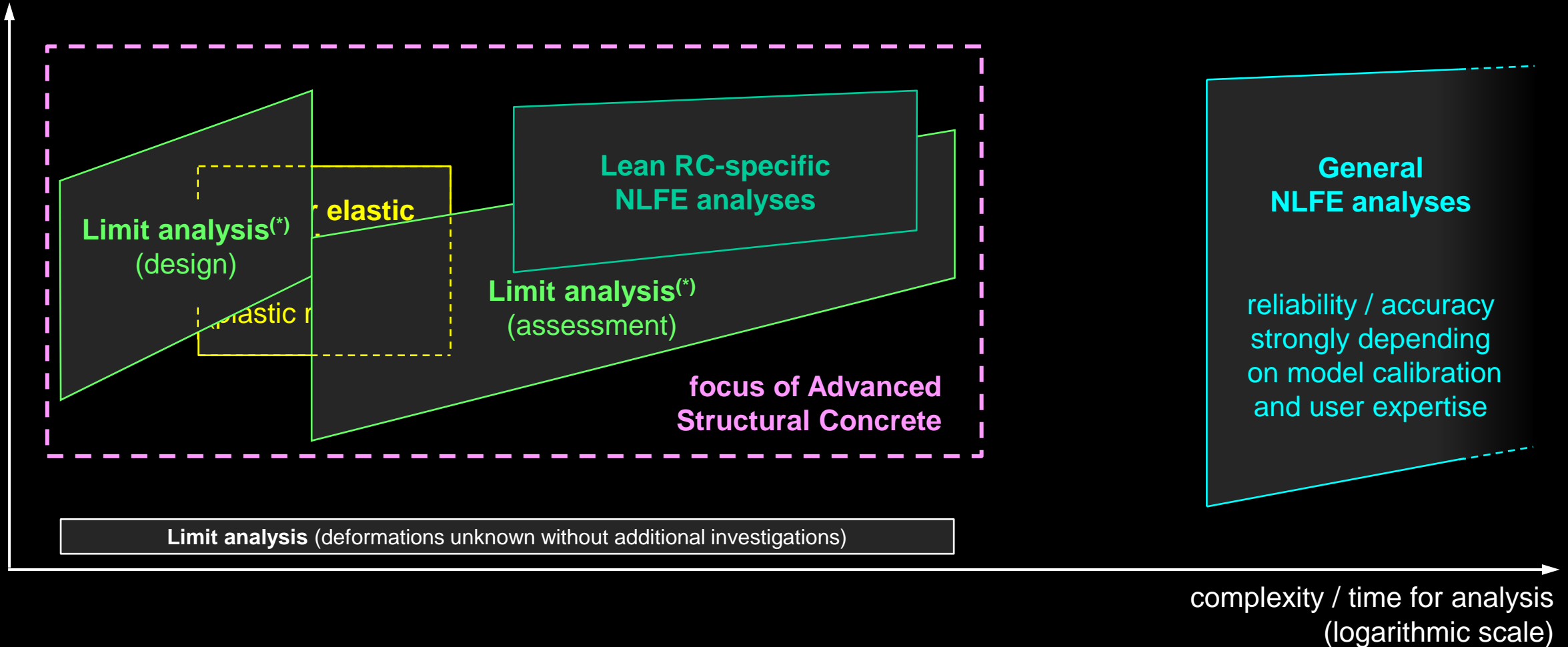


CSFM (Compatible Stress Field Method, ETHZ / IdeaStatica Detail)

[Davide Bianchi, dsp Ingenieure + Planer AG, 2025]

Methods of analysis and design (schematic)

reliability / accuracy of results



(*) deformations may be obtained by complementing lower-bound solutions with pertinent member stiffnesses, e.g. based on the Tension Chord Model

Fundamentals of limit analysis methods

Theory of plasticity – Limit analysis

Lower-bound (static) theorem

Every loading for which it is possible to specify a statically admissible stress state that does not infringe the yield condition is not greater than the limit (ultimate) load.

(a statically admissible stress state must satisfy equilibrium and the static boundary conditions)

Upper-bound (kinematic) theorem

Every loading that results from equating the work of external forces for a kinematically admissible deformation state with the associated dissipation work is not less than the limit (ultimate) load.

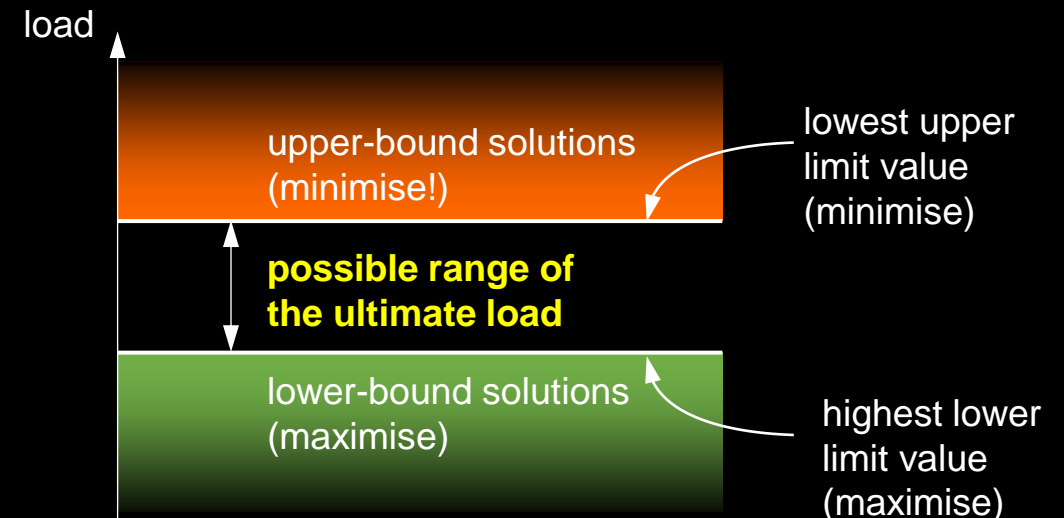
(kinematically admissible: kinematic relationships and kinematic boundary conditions are fulfilled)

Compatibility theorem

A load for which a statically admissible stress state that does not infringe the yield condition **and a compatible** kinematically admissible state of deformation can be specified is a limit (ultimate) load

The force and deformation states linked by this theorem constitute a *complete solution* to the respective problem.

NB. If upper- and lower-bound solution coincide, the ultimate load has been found – no need to verify compatibility, see figure.



Theory of plasticity – Limit analysis

Prerequisites of the theorems of limit analysis

Strictly, the **theorems of limit analysis** are valid for perfectly plastic behaviour with:

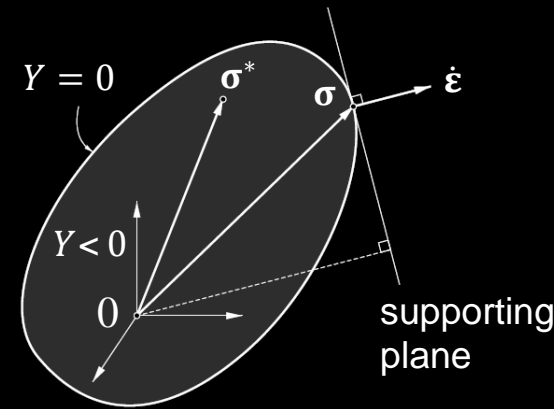
- a (weakly) **convex yield surface** $Y(\sigma) = 0$ and
- an **associated flow rule**:
 $\dot{\epsilon} = \kappa \text{grad } Y$ ($Y = 0: \kappa \geq 0; Y < 0: \dot{\epsilon} = 0$)

The latter stipulates that (i) plastic strain increments $\dot{\epsilon}$ occur only for stress states on the yield surface (rigid-perfectly plastic behaviour) and (ii) these strain increments $\dot{\epsilon}$ are **orthogonal to the yield surface** Y .

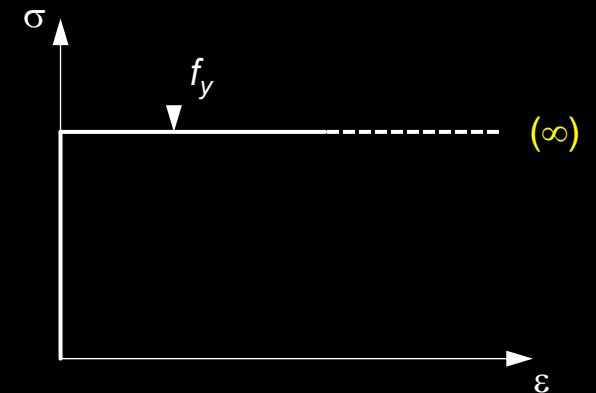
The two conditions of convexity and orthogonality are equivalent to the **principle of maximum dissipation**:

→ if the yield surface Y is (weakly) **convex**, any plastic strain increment $\dot{\epsilon}$ generates its **maximum dissipation** (scalar product $dD = \sigma \cdot \dot{\epsilon}$) for the stress state(s) where it is **orthogonal** to Y (see top left figure)

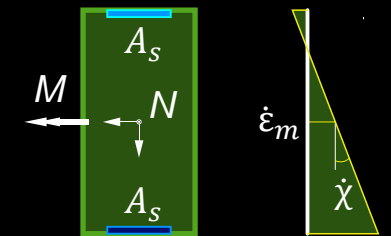
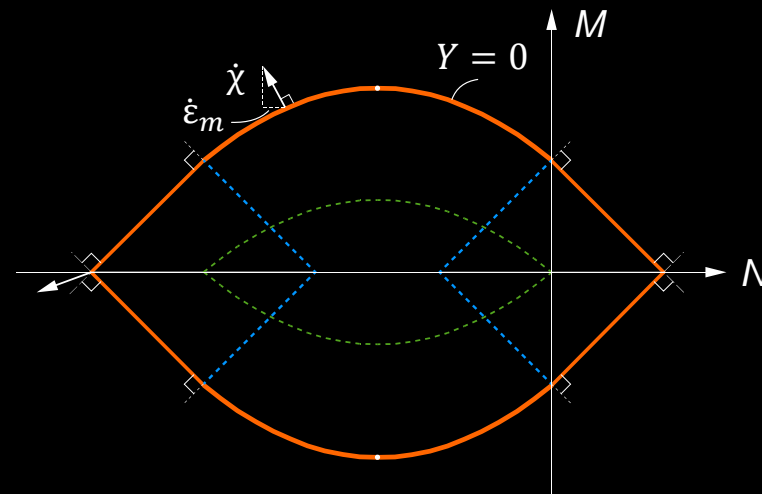
convexity + orthogonality = maximum dissipation:



assumed material behaviour: **perfectly plastic**



example: M-N interaction (generalised stresses $\{M, N\}$ and strains $\{\dot{\epsilon}_m, \dot{\chi}\}$): (see BSc lecture Stahlbeton I)



$$Y_c = \pm M_{yc} + N_c \left(\frac{h}{2} + \frac{N_c}{2bf_c} \right) = 0$$

$$\pm \frac{\dot{\epsilon}_m}{\dot{\chi}} = \frac{h}{2} + \frac{N_c}{bf_c} = \frac{\partial Y_c / \partial N_c}{\partial Y_c / \partial M_{yc}}$$

Theory of plasticity – Limit analysis

Prerequisites of the theorems of limit analysis

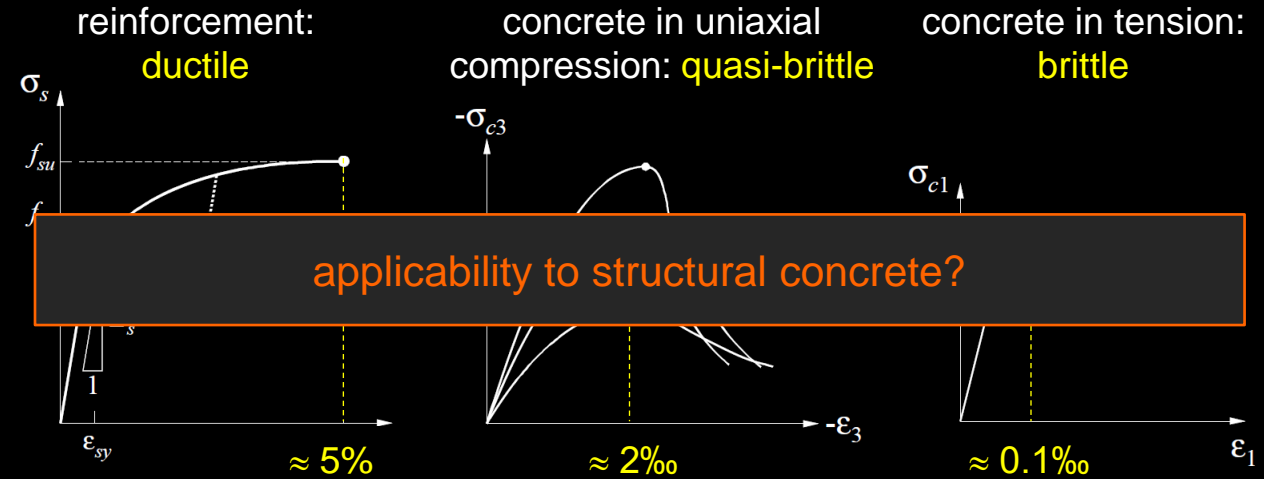
Strictly, the **theorems of limit analysis** are valid for perfectly plastic behaviour with:

- a (weakly) **convex yield surface** $Y(\sigma) = 0$ and
- an **associated flow rule**:
 $\dot{\epsilon} = \kappa \text{grad } Y \quad (Y = 0: \kappa \geq 0; Y < 0: \dot{\epsilon} = 0)$

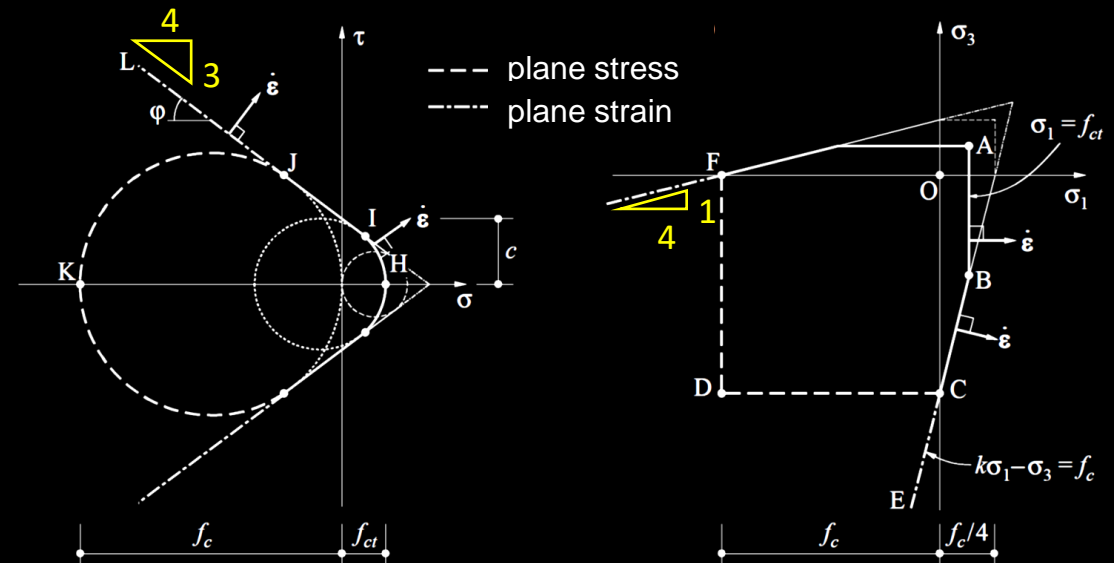
The latter stipulates that (i) plastic strain increments $\dot{\epsilon}$ occur only for stress states on the yield surface (rigid-perfectly plastic behaviour) and (ii) these strain increments $\dot{\epsilon}$ are **orthogonal to the yield surface** Y .

The two conditions of convexity and orthogonality are equivalent to the **principle of maximum dissipation**:

→ if the yield surface Y is (weakly) **convex**, any plastic strain increment $\dot{\epsilon}$ generates its **maximum dissipation** (scalar product $dD = \sigma \cdot \dot{\epsilon}$) for the stress state(s) where it is **orthogonal** to Y (see top left figure)



common yield criterion for concrete: Modified Coulomb with tension cut-off
 ($\tan \varphi = 0.75 \rightarrow c = f_c/4, \varphi \approx 37^\circ$, usually $f_{ct} = 0$)



Theory of plasticity – Limit analysis

Generalised stresses and strains

The theorems of limit analysis equally apply in terms of **generalised stresses and strains** (deformations).

Generalised strains are obtained by introducing **kinematic restrictions** to the plastic strain increments $\dot{\epsilon}$. The generalised stress σ_j associated to a generalised strain $\dot{\epsilon}_j$ results by integrating the stresses σ doing work on $\dot{\epsilon}_j$.

Graphically, introducing kinematic restrictions corresponds to a **projection of the yield surface** Y to a lower-dimensional space Z , see top figure:

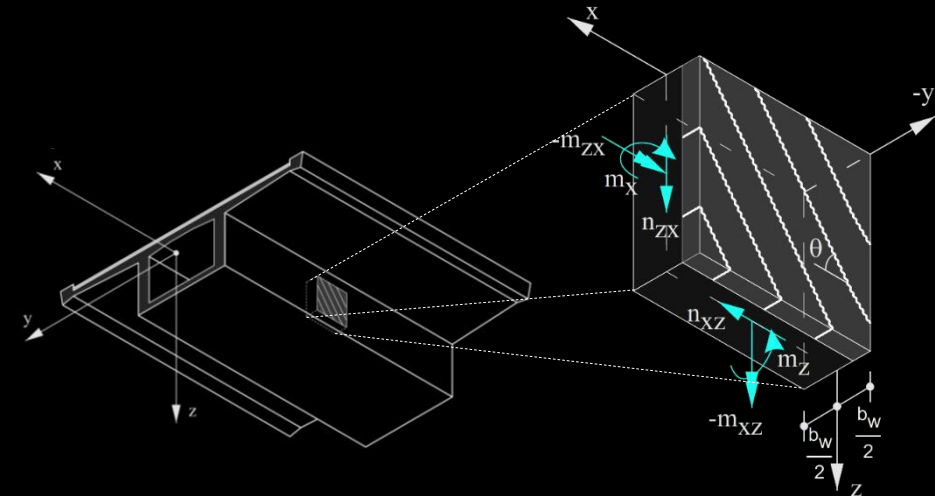
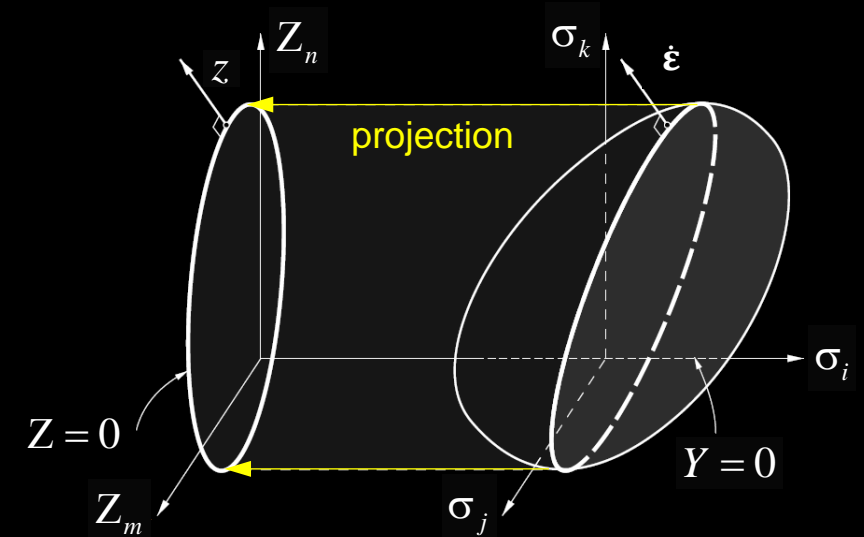
- projected values = *generalised stresses* $\{Z\}$ and *strains* $\{z\}$
- stress components σ_i “lost” in the projection = *generalised reactions*, which assume the value maximising the ultimate load in terms of $\{Z\}$.

Example 1: Bernoulli’s hypothesis (M - N interaction, see previous slide):

- axial strains $\dot{\epsilon}_x$ → generalised strains $\{\dot{\chi}, \dot{\epsilon}_m\}$
- axial stresses σ_x → generalised stresses $\{M, N\}$ (“stress resultants”)
- shear stresses τ_{zx} → generalised reaction $\{V\}$

Example 2 (bottom fig.): Shear + transverse bending, see Bridge Design:

- generalised stresses and strains: $\{n_z (=0), n_{zx}, m_z\}$ and $\{\dot{\epsilon}_z, \dot{\gamma}_{zx}, \dot{\chi}_z\}$
- generalised reactions: $\{n_x, m_x, m_{zx}, v_{yx}, v_{yz}\}$



Theory of plasticity – Limit analysis

Main consequences of the theorems of limit analysis

- **Residual stresses and restraints have no influence on the ultimate load** (as long as the deformations remain small). (NB: in elastic solutions and particularly in stability problems, the failure load depends on residual stresses and restraints)
- Adding (subtracting) weightless material cannot decrease (increase) the ultimate load.
- Raising (lowering) the yield limit of the material in any region of a system cannot decrease (increase) its ultimate load.
- The ultimate load determined with a yield surface circumscribing (inscribing) the effective yield surface is an upper (lower) bound to the effective ultimate load.

Application of the theorems of limit analysis

The lower bound theorem of limits analysis is the most used in practice. Typical applications: strut-and-tie models and stress fields for membrane elements, the strip method for slabs.

Many national and international codes are based (in most cases only implicitly, and unknown to many people) on the lower bound theorem.

The upper limit theorem is particularly useful in assessing the structural safety of existing structures. An upper bound of the ultimate load can often be found with considerably less effort than required for the development of a statically admissible stress state that nowhere infringes the yield condition for given dimensions and reinforcement layout).

Pertinent assessment of structural safety

Pertinent assessment of structural safety



Solution:

maximise service life with
minimum interventions

- without excessive / unacceptable risk
- with limited resources

→ pertinent assessment of structural safety is key

Structural safety		Reality	
		not ok	ok
Analysis	not ok	ok	resources
	ok	risk of collapse reputation	ok

Pertinent assessment of structural safety

- Analytically often much more demanding than the design of new structures
- High theoretical knowledge and experience required
- Verifications should only be carried out by qualified and experienced structural engineers.
- **In practice, the complexity is often underestimated**
(similar analysis than for a new structure or by “reproducing” the structural verifications for construction)